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WALK-IN MEDICAL

Family Medicine | Primary Care



Kayla Shelley, PA-C

Kayla Shelley specializes in Primary Care Medicine as well as Women's Health and Gynecology. She also has interests in weight loss and weight loss management.

Kayla has 12 years of experience working in Adolescent and Adult Primary Care Medicine. She also enjoys teaching and working with universities and schools throughout the state. Kayla has 10 years of Physician Assistant Student Precepting and she received Northern Arizona University's Preceptor of the Year in 2021.

Kayla received her Bachelor's Degree in Biological Sciences from University of Connecticut in 2008. She then received her Masters in Physician Assistant Studies from Massachusetts College of Pharmacy and Health Sciences in 2012.

Kayla is a mother of twin 5-year-olds and has recently welcomed a new baby boy into her family! When she is not in the clinic, she enjoys going to the beach, traveling, skiing, swimming, reading and riding her peloton.



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